

**Overview:**

Emotional Intelligence (EQ) is recognized as a crucial leadership competency. Unfortunately, the skills required to develop competency are not consistently taught in higher education programs of study. The good news is, unlike IQ or personality, which typically can't be significantly changed as we age after 20, EQ can be improved with assessment, individual effort, and coaching. Michael Ackerman has been doing EQ assessment and coaching for over a decade, recently publishing a study on the topic. Ackerman Consultants is licensed to utilize the tool EQ-i 2.0, which is based on emotional intelligence theorist Dr. Reuven Bar-On and is administered by Multi-Health Systems (MHS).

Program specifics:

- Initial virtual intake meeting with client. (45 minutes)
- Invitation generated to client to complete EQ-i 2.0 from MHS
- Client completes assessment (typically within 1 month)
- Results are returned to client within 1 week to review.
- First virtual follow up meeting is scheduled with client to discuss the assessment and development plan. (60 minutes). Client is also provided with EQ-i 2.0 workbook.
- One month follow up visit schedule to discuss progress.
- If desired by client, a six month follow up visit can be scheduled.

Program cost:

One to 4 people per organization.

Cost per person with 1 month follow up: \$ 1950 USD

Cost per person with 1 month and 6 month follow up: \$2200 USD

With 5 or more people from the same organization.

Cost per person with 1 month follow up: \$1800 USD

Cost per person with 1 month and 6 month follow up: \$1975 USD

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